

Below are examples of internships where past program participants have been placed by Global Experiences. Placements and organizations are subject to change based on organizational needs and availability. The listings below are not guaranteed to be available, nor are they exhaustive of all options. Students are matched with a local organization based on their specific skills and qualifications.

While effort will be made to accommodate students' preferences, specific internship placements are not guaranteed. Students are encouraged to be open-minded and approach the program with a willingness to learn and grow, both professionally and personally.

Psychotherapy Counseling

This counseling center was set up in 2001 with the goal of providing psychological therapies to help clients deal with the specific problems of anxiety, depression, panic, obsessive-compulsive disorder, mental health, and social anxiety. Interns in this psychology placement will be able to learn more about these particular cases, and how a counseling center in the UK operates. The role will allow for both clinical shadowing and relevant administrative tasks.

Women's Mental Health Charity

This placement is a national, user-led charity working with women with mental health needs in prison, hospitals, and the community. They provide independent advocacy, emotional support and practical guidance at all stages of a woman's journey through the Mental Health and Criminal Justice Systems. As an intern, you would be providing face-to-face or phone support to women in crisis, accompanying women to meetings with social services or other agencies, and providing social contact – going to a café, parks, sports, museums, etc. For those interested in forensic psychology, this internship is a learning experience not to be missed! You will have the opportunity to shadow staff in prison, assist with escorting women home from prison and probation meetings, and observe court cases. This charity is looking for a female student studying psychology or social work with excellent interpersonal and listening skills and a compassionate and non-judgmental attitude. It is also important to understand the need for confidentiality and have a firm belief in women's rights.

Ideal Candidate: Female student studying psychology, social work or comparable social sciences degree who is interested in mental health and prison work. Excellent interpersonal skills a must.

Project Support Assistant for Alcohol and Drug Treatment Service

The internship role will be based at an Adult Drug and Alcohol Treatment Service in South London. This is a unique role providing an opportunity to experience working with a wide range of clinical issues relating to addiction, which will aid interns to develop clinical skills in the application of treatment interventions. In the first two weeks of the internship, the intern will shadow and observe staff to familiarize themselves with the organization and key aspects of their role. Throughout the role the intern will have a supervisor who will support and guide them through the internship within each service. The intern will also be encouraged to attend accredited/non-accredited training, when available to support their internship and career development.

Ideal Candidate: The ideal candidate will have a background in psychology, social services, volunteering, etc. and be patient with strong people and communication skills.

Nationally Recognized Mental Health Organization

This placement is affiliated with England's leading mental health charity and is a real career jump-starter for those interested in clinical psychology, social work, or mental health counseling. The organization works for, promotes, and provides for the well-being, interests, and the rights of people with mental illness. They provide a wide range of day services, counseling, and self-help groups. The position will offer exposure to the day to day running of the day service, allow for provision of practical and informal emotional support to members, and involve shadowing and assisting staff in a variety of activities and self-help groups.

Ideal Candidate : The ideal candidate will have strong communication and interpersonal skills, knowledge of psychology and mental health issues, and an interest in gaining direct client contact in a group setting.

Residential Treatment Center

Based in Kensington, the service is designed for people aged 18-65 who are seeking to recover from substance misuse possibly combined with mental illness (dual diagnosis) or with mild learning disability. The therapeutic program is eclectic and draws from the Cognitive Behavior Therapy approach as well as from Motivational Interviewing and from a responsible use of the principles and practice of a Therapeutic Community. Our flexible 13 to 26 week program includes: Structured group work program, weekly key-working, individually tailored care plans, yoga and Mindfulness Interventions- entails medical science combined with yoga, and nutrition groups delivered by a fully qualified nutritionist. You will be working alongside the Service Manager.

Ideal Candidate: Strong interest in clinical psychology and mental health, excellent communication and interpersonal skills, and an empathic and accepting demeanor.

Outpatient Clinic Taking a Nutritional Approach to Mental Health Issues

This outpatient clinical treatment center, specializing in a nutritional approach to mental health problems, offers a comprehensive assessment of biochemical imbalances that can contribute to mental health problems, and advice to correct these imbalances as a means to restore health. For someone interested in enhancing their resume for grad school applications, this internship is a dream placement! The role entails client file data collection and analysis, observation of consultations conducted by clinical psychologists and psychiatrists, as well as assisting with the general operations of the center including fielding clients' queries.

Ideal Candidate: Excellent research, phone and interpersonal skills, as well as the ability to contribute to the administration of the clinic. Being able to maintain professional boundaries with clients is a must. Interested in program development and improving your soft sales skills. Backgrounds of psychology, nutrition, or pre-med are encouraged.

Source: Global Experiences