

PSC 198: Psychology Internships Abroad
Summer Internship Course Syllabus
New Zealand
Summer 2022 University of California, Davis

Instructor: Shelley Blozis, Psychology Department, UC Davis
Email: sablozis@ucdavis.edu

The main goal of the internship course (EAP 192) is to gain hands-on experience in a professional setting. You will spend time each week reflecting on your work as an intern in New Zealand and sharing your experiences. Internship placements are customized according to each student's experiences, career goals, interests, and skills.

To complement the goals of your internship, the main goals of this 2-unit course (PSC 198) are to:

- encourage you to reflect on your internship experiences through remote instruction while on location.
- share your work experiences with other students placed in New Zealand.

Throughout your time abroad, you will work with your instructor via online mediums to achieve these goals and to make your international experience as valuable as possible.

Course Credit & Grading

PSC 198 will be taken for a Pass/No Pass grade. To pass this course, you must complete each of the writing assignments and post them on time to the *Assignments* feature on Canvas by the due date. You must also engage your fellow international interns via the *Discussions* feature on Canvas where you'll share your professional and intercultural experiences. The course progression below indicates the due dates and further details for these assignments.

Writing assignment for this course will also be graded Pass/No Pass. For an assignment to earn a pass, it must adhere to the assignment guidelines, be clearly and thoughtfully written, and submitted to Canvas on time. You will receive detailed assignment prompts for each major assignment, and those prompts will provide all of the information necessary to successfully complete the assignments.

Note: You will find the three major assignment prompts in the *Assignments* section on Canvas.

Establishing Your Presence on Canvas

You'll submit all of your work through [Canvas](#). It may be helpful to look through the course site before beginning your internship. If you have not yet uploaded a photo of yourself on Canvas, please log in, click on *Account* located in the top left corner of the page, and click on *Profile*. On this page you may click on the space where the profile picture will be placed and follow the prompts to upload a photo.

Writing Assignment Feedback & Revision

Throughout the internship, you will receive instructor feedback on your writing, and you'll have opportunities to revise your work. This process is essential because revision is one of the fundamental steps in successful written communication. You are strongly encouraged to take advantage of these revision opportunities as they arise, as doing so will help you develop strong written communication skills. Your instructor will provide feedback on your writing assignments through the comments feature in Canvas.

Required Course Readings

The readings for this course are available online and are listed in the Course Progression below under the *Reading Assignments* section. These readings come from a variety of sources and focus on topics that range from tips for succeeding in an internship to multicultural perspectives in psychology. You are encouraged to at least skim the readings *before* departing for your host country and then to give each a thorough read during the week they're listed in this syllabus. The readings will provide worthwhile insight into the aforementioned areas, as well as providing practical insight that should prove useful in your summertime workplace.

The Course Discussions

In addition to the three major writing assignments that are required for this course, you will be required to maintain a presence in course discussions that will take place via the *Discussions* feature in Canvas. You'll be asked to make regular posts that range from brief status updates to photos and videos to longer anecdotes.

The purpose of the *Discussions* component of this course is to encourage you to connect with your fellow international interns despite the distances between you. The course's discussions will be open only to students who are registered for this PSC 198 course, the course instructor, and designated UC Davis Study Abroad staff members. These discussions will be dedicated to this course, but at the same time, you're welcome to take your posts beyond your internship. Feel free to share your experiences and comment on your fellow intern's posts. Naturally, you are asked to keep your posts and comments appropriate for the communication context. Let's all work together to keep discussions positive and supportive.

Course Progression

The course progression provides all reading and writing assignments for this online course. Note that all assignments are due each week by Sunday at 10:00 pm *your time*. You're strongly encouraged to do the work well in advance of the deadline to help ensure that you'll be able to turn in assignments on time. Late assignments will be accepted up through midnight your time on the date the assignment is due.

Please do not hesitate to reach out to the course instructor if you have any questions or concerns about the information provided in the course progression. You can email the instructor through Canvas (my preferred method of correspondence) or directly at sablozis@ucdavis.edu.

Week	Reading Assignments	Discussion Posts & Blog Assignments
1	Read 10 Strategies for Success Abroad Read 10 Tips to Get the Most Out of Your Internship Read 10 tips for surviving your internship	<p>Week 1: Discussion Posts are due by 10:00 p.m. (New Zealand time) on Sunday, June 19</p> <p>Discussion Post 1: Your two main learning goals for your internship (examples include gaining insight into a particular field of psychology)</p> <p>Discussion Post 2: A brief description of your most interesting/unusual interaction since arriving in New Zealand (25-word minimum)</p>
2	Read Berry, J. W., & Sam, D. L. (2013). Accommodating cultural diversity and achieving equity: An introduction to psychological dimensions of multiculturalism [Editorial]. <i>European Psychologist</i> , 18(3), 151-157.	<p>Assignment 1 due by 10:00 p.m. on Sunday, June 26: <i>Psychological dimensions of multiculturalism</i></p>
3	Read Frederick W. Hickling (2012). Understanding patients in multicultural settings: a personal reflection on ethnicity and culture in clinical practice. <i>Ethnicity & Health</i> , 17(1-2), 203-216.	<p>Week 3: Discussion Posts are due by 10:00 p.m. (New Zealand time) on Sunday, July 3</p> <p>Discussion Post 1: Any changes or updates to your two main learning goals for your internship</p> <p>Discussion Post 2: A concise recap of the past 2 weeks in the internship (50-word minimum)</p> <p>Discussion Post 3: A brief description of your most interesting/unusual interaction of the week (25-word minimum)</p> <p>Discussion Post 4: A photo of you in action at your internship (be highly mindful of the privacy of others)</p>
4	Read Suman Fernando (2012). Race and culture issues in mental health and some thoughts on ethnic identity, <i>Counselling Psychology Quarterly</i> , 25(2), 113-123.	<p>Assignment 2 due by 10:00 p.m. on Sunday, July 10: <i>Understanding</i></p>

		<i>clients in a multicultural setting</i>
5	<p>Participate in Harvard's <u>Project Implicit</u></p> <p>Project Implicit studies social cognition (thoughts and feelings outside of conscious awareness and control) (for information, for more information, see https://implicit.harvard.edu/implicit/aboutus.html)</p> <p>Go to this link: https://implicit.harvard.edu/implicit/takeatest.html</p> <p>At the link above, choose any one of the Implicit Association Tests (IAT) from the list provided. There, you'll be asked to (optionally) report your attitudes or beliefs the topic and provide some information about yourself.</p>	<p>Week 5: Discussion Posts are due by 10:00 p.m. (New Zealand time) on Sunday, July 17</p> <p>Discussion Post 1: How you are meeting your two main learning goals for your internship</p> <p>Discussion Post 2: A concise recap of the past two weeks in the internship (50-word minimum)</p> <p>Discussion Post 3: A few informative and/or educational words about a custom of your host country that you find particularly interesting or unusual (50-word max)</p> <p>Discussion Post 4: A photo of you engaging in i) a local custom (dining, visiting a particular place, etc.) or ii) Something you're expected to do while on the job, etc.; again, please be mindful of the privacy of others)</p>
6	<p>Read <u>Innocents Abroad: How Travel Changed My Perspective and Politics</u></p>	<p>Assignment 3 due by 10:00 p.m. on Sunday, July 24: <i>Concluding thoughts on your psychology internship</i></p>