London Sample Internship List – Physiotherapy

INDUSTRY DESCRIPTION

The healthcare industry in the UK has many laws and legislations that will impact the level and type of opportunities available to undergraduate students. For many roles, especially those requiring "hands on" responsibilities, there are regulations stipulating that individuals must have achieved certain qualifications. However, CAPA has developed meaningful placements with a range of organisations that can provide first class opportunities to support and develop the students experience in the field of physiotherapy. Physiotherapy is an incredibly competitive area in which to secure internship placements and students must demonstrate a high GPA, relevant coursework and previous work experience in a related field such as Athletic Training, Orthopaedics, Sports rehabilitation, Neurology, Nutrition or another Medical-related profession. Students should also have excellent communication and interpersonal skills.

EXAMPLES OF PAST PLACEMENTS (Please note that the following sites are a brief cross-section of current CAPA internship host sites and should not be considered as a guarantied location for your placement. All internship & service learning placements will be dependent upon each individual applicant's application documents, prior experiences, demonstrated skills and their aspirations and goals.)

Anatomie	Anatomie provides top flight Physiotherapy and Complementary Therapies from assessment and diagnosis to treatment and rehabilitation. Interns will engage in work surrounding muscular skeletal practices and pathologies and orthopaedics and will gain first hand observation experiences and be assigned individual projects.
Chelsea & Westminster Hospital School	Chelsea Community Hospital School aims to ensure that children and young people have their rights to education preserved whilst in hospital. The school caters for children and young people from the aged 4–18 and children can attend for short or longer periods, depending on the duration of their treatment. Placements have sometimes been available with the medical rehabilitation team.
City Point	The CityPoint Club is the most Luxurious Health, Fitness and Spa facility in The City of London. Internship placement duties range from fitness work in the gym, assisting with day to day admin and observing some sports rehabilitation and medical referrals.

Kings College Hospital	King's College Hospital NHS Foundation Trust is one of London's largest and busiest teaching hospitals, with a unique profile of strong local services and a focused set of specialist services. Placement opportunities in Physiotherapy include assisting a health coach with an in-house brand of physical activity and well-being initiative (ActiveKing's) – including current physical activity challenge, health promotion and work place initiatives. Placements have also been available with the Occupational Therapy team.
Pure Sports	Pure is a unique sports injury practice, dedicated to the prevention, diagnosis, treatment and rehabilitation of sports injuries and musculoskeletal problems. Our specialists have worked with national teams and sporting institutes, and consult to numerous Premiership Football and Rugby Clubs.

POTENTIAL PROJECT OPPORTUNITIES

Project opportunities will be dependent upon the current needs within the organisation and the demonstrated skills and abilities shown by each intern. It is imperative to remember that project opportunities will develop over time and throughout internship placements. Projects may include but are not limited to:

Observation experience – Administration – Client interaction – Volunteer coordination – Fitness programme development -

TRANSFERABLE SKILL SETS

It is essential to maximise every opportunity within the internship placements. If tasks and duties are approached in a professional manner, interns can take away additions skills and abilities that will be of benefit to their personal and professional development. Transferable skills sets include but are not limited to:

Strong Interpersonal Skills - Communication Skills – Teamwork – Organisation – Networking – Interpersonal Skills – Clinical Observation hours – Healthcare administration